Meet Greg Puig

Greg Puig

Head of Group Insurance, Partner

About Me

With a passion for assisting clients in all things benefits and Health & Welfare, Greg is a key player on Sentinel's leadership team. Having called Sentinel home for 13+ years, he is driven by a desire to help people day in and day out.

Greg brings a unique view of benefits to the table, having curated a diverse background in Health & Welfare, Insurance Consulting, and Retirement. While many

companies are stuck in the past with outdated group insurance strategy, he appreciates Sentinel's ability to innovate by bringing everything under one roof.



- University of Connecticut, Storrs, CT Bachelor of Science Business Administration, Finance
- The Commonwealth of Massachusetts Life, Accident and Health Insurance licenses
- PPACA Certified

Out of the Office

Greg enjoys spending time with his wife and sons, playing golf, and cheering on his favorite sports teams.

Contact Information

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