

Meet Greg Puig

Greg Puig

Head of Group Insurance, Partner

About Me

With a passion for assisting clients in all things benefits and Health & Welfare, Greg is a key player on Sentinel's leadership team. Having called Sentinel home for 13+ years, he is driven by a desire to help people day in and day out.

Greg brings a unique view of benefits to the table, having curated a diverse background in Health & Welfare, Insurance Consulting, and Retirement. While many companies are stuck in the past with outdated group insurance strategy, he appreciates Sentinel's ability to innovate by bringing everything under one roof.



Educational Background & Experience

- University of Connecticut, Storrs, CT – Bachelor of Science – Business Administration, Finance
- The Commonwealth of Massachusetts – Life, Accident and Health Insurance licenses
- PPACA Certified

Out of the Office

Greg enjoys spending time with his wife and sons, playing golf, and cheering on his favorite sports teams.

Contact Information

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