

Navigating Benefits Trends, Healthcare Costs, and Legislative Updates for a 2026 Outlook

As we navigate through 2026, employers are facing a benefits environment shaped by mounting cost pressures and heightened expectations for transparency. After one of the most demanding open enrollment seasons in recent times, with record-high premiums and widespread HR fatigue—how are organizations starting to regroup and prepare for what's ahead.

Understanding where the market is headed is essential for HR teams. Watch as we explore how employers can recalibrate their strategies to better meet employee needs, manage rising costs, and stay competitive in a shifting landscape.

- Navigating rising healthcare costs and premium volatility
- Addressing pay transparency requirements and their impact on compensation strategy
- Year-end retirement and benefits legislative update

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